

Prayer in Time of Suffering

St. Paul "From Wolf to Lamb" Retreat

Conference #3: How to Endure Trials

Fr. John Langlois, O.P.

December 6-7, 2024

Jesus,

I don't like this.

This is hard.

But I accept it.

Because I know that you are only allowing this for my good.

I know that you are going to use this suffering to mold me more and more into your image and likeness.

I know that through this suffering you are preparing me for eternal life, because you are purifying me of my sins, you're purifying me of my disordered desires, and you're uniting me more to yourself.

And so, in the midst of my pain, I know that you are with me.

And that you will be there to help me to bear this cross.

And even in the midst of this suffering, I want you to know that I believe in your love for me.

Amen